Iraq returnees to be honored on Memorial Day

For the fourth consecutive year, the City Council will be honoring Walnut Creek servicemen who have returned from military duty in Iraq and Afghanistan at its annual Memorial Day Observance on Monday, May 28.

The ceremony will begin at 10 a.m. at the gazebo in Civic Park, corner of North Broadway and Civic Drive.

Mayor Sue Rainey will present commendations to U.S. Army Specialist Michael Rodriguez III, who received the Bronze Star for meritorious service while serving in Operation Iraqi Freedom in 2003; U.S. Marine Corps Reserves Sgt. Joe Lindsay, who served in Afghanistan January through May 2006; and U.S. Navy E5 Justin Montana, who was deployed for Operation Iraqi Freedom March through August 2003, and who also provided support in Hurricane Katrina in September 2005.

Assemblyman Guy Houston will be the keynote speaker, and the Walnut Creek Concert Band under the direction of Harvey Benstein will perform several musical pieces.

Celebrate City’s pioneer beginnings on Heritage Day at Borges Ranch

Join the City of Walnut Creek for a fun family day celebration of its frontier days at the annual Heritage Day event on Saturday, June 9 at Borges Ranch in the Shell Ridge Open Space.

The event will be from 11 a.m. to 5 p.m. Admission is $5 per family. Parking will be available at nearby Northgate High School, 425 Castle Rock Rd., where a shuttle will run to and from Borges Ranch throughout the day.

This year, the grandsons of pioneer rancher Francisco Borges — Dan Borges and his cousin, Frank Borges (who was born in the Borges ranch house) — will be on hand to meet visitors and talk about life on the ranch in the early days of the 20th century.

Family activities will include crafts and games for children, demonstrations by 4-H, the Diablo Cloggers, music by the Jug Band, square dance caller Bob Elling, and exhibits by the Lindsay Wildlife Museum, Walnut Creek Open Space Foundation, Save Mount Diablo, and the East Bay Regional Park District.

The Essanay Silent Film Museum will show Charlie Chaplin and Billy Bronco movies filmed in nearby Niles Canyon.

Food will also be available to purchase.

For more details, call 925-942-0225.
Bedford Gallery to exhibit student works this spring

Bedford Gallery is accepting entries for its Contra Costa Youth Art Exhibition, which this year is entitled Paved Paradise: Perspectives on (Human) Nature and will run June 10-July 22.

It is open to all high school-aged youth in Contra Costa County — student artists are asked to present their vision of the relationship between themselves and the world, especially the effect of human “progress” on our natural surroundings. All media are welcome. Entries must be submitted to a teacher representative by May 21. Entry forms are available at www.bedfordgallery.org.

The exhibition will be juried by Kim Anno, an internationally known artist and Professor of Art at the California College of the Arts.

Arts, Adventures & Academics for kids

Arts, Adventures & Academics is a unique summer school provided by the Walnut Creek School District and Civic Arts Education, a program of the City of Walnut Creek. Classes for boys and girls entering grades 1-8 will be held June 25-29, 9:30 a.m.-12:30 p.m. at Walnut Creek Intermediate School, 2425 Walnut Blvd. Child supervision option available before and after school. For more information or to register, call 925-943-5846 or go online to www.arts-ed.org

LPGA-USGA Girls Golf clinics

LPGA-USGA Girls Golf of Walnut Creek provides an opportunity for girls to learn to play golf in a supportive environment. Over 20 hands-on clinics and on-course play are available throughout the year at Boundary Oak and other area courses. Membership fee is $90. Scholarships are available. For more information, contact Natalie Inouye at 925-256-4121.

Shadelands Antiques Show set June 10

Over 100 dealers will be selling their antiques and collectibles at the semi-annual Shadelands Antiques Show on Sunday, June 10, 8 a.m. to 4 p.m., on the Shadelands Ranch Historical Museum grounds, 2660 Ygnacio Valley Road. The event benefits the Walnut Creek Historical Society. Admission is free. Call 925-935-7871 for more information.

Art & Wine Festival at Heather June 2-3

The 26th annual Walnut Creek Art & Wine Festival returns to Heather Farm Park on June 2-3. Hours are Saturday, 11 a.m.-7 p.m. and Sunday, 11 a.m.-6 p.m. A petting zoo, miniature train rides, music. Free parking and shuttle service from Shadelands; on-site paid parking available. Call the Chamber of Commerce, 925-934-2007.

Miniature horses return to Heather Farm

The Equestrian Center of Walnut Creek will present its annual Janet Read Memorial Miniature Horse Show at the north end of Heather Farm Park on June 23-24. Hours are 9 a.m. to 4 p.m. Admission is free; food will be available. This popular competition will have adults and children showing miniature horses, which are generally only 34 inches tall. Call 925-939-2929.

Aquanuts’ Night of Champions’ June 16

The Walnut Creek Aquanuts synchronized swim team will present their annual fundraiser, “Night of Champions,” on Saturday, June 16 at Clarke Swim Center in Heather Farm Park. Silent and live auctions, raffles, food and drink. Event features an exhibition by the 2008 Olympic team. Gates will open at 2 p.m., and the performances will end around 6 p.m. Call 925-934-4792.

Free composting workshops offered

Free “Home Composting for Busy People” workshops will be held May 8, 15, and 22, 7-9 p.m. at Heather Farm Community Center, 301 N. San Carlos Dr., Walnut Creek. A compost/ vericompost workshop will be conducted May 20, 1-2 p.m., at the Walnut Creek Farmers Market, downtown library parking lot, corner of North Broadway and Lincoln Avenue. Reservations are required; call 925-906-1806.

Healthy gardening workshop offered

In partnership with the City, the Gardens at Heather Farm will hold a Healthy Gardening Workshop on Saturday, May 26, 9 a.m.-1 p.m. The class covers building/maintaining healthy soil, managing pests and weeds, and choosing plants. Registration for this free program is required; call 925-947-1678 or go online to www.gardenshf.org
Off-leash dog area under construction in Heather Farm Park

Construction should be underway by early June and completed later this summer on the new off-leash dog area at the northerly end of Heather Farm Park.

The one-acre area, which was designed with the assistance of Walnut Creek Dog Owners Group (WCDOG), will have separated sections for small/senior dogs and larger dogs. It will be near parking and restrooms, and easily accessible for those in wheelchairs.

The Council, on March 6, approved an amended master plan for Heather Farm Park to add the off-leash dog area to the plan.

Rules for the use of the dog area are being prepared by staff and will be similar to those already in effect at San Miguel Park. Currently, that park hosts the only designated off-leash dog park in Walnut Creek. Users can access it between 6 and 9 a.m. each day.

The new off-leash dog area will have a six-foot-high external fence and additional plantings to provide a buffer for the residential neighborhood to the north of Heather Farm Park.

Walk the Library Walk benefit slated May 5

The 5th annual Walk the Library Walk to raise funds for children’s summer reading programs will be Saturday, May 5.

The event will be from 9 a.m. to noon (registration begins at 8 a.m.) starting from the Ygnacio Valley branch, 2661 Oak Grove Rd. and ending at the downtown library, 1644 No. Broadway.

The registration fee is $15/person or $30/family.

The event is co-sponsored by the Walnut Creek Library Foundation, both Friends of the Library groups, and the Diablo Valley Lions Club of Walnut Creek.

For details go to wclibrary.org

Mystery, musicals & mayhem highlight Center REP Company’s 41st season

Hank Williams, Agatha Christie, and William Shakespeare will each take a bow in Center REPertory Company’s 41st Season, which will open Sept. 6 and run through June 14, 2008.

The season includes six productions – four plays and two musicals – in the Margaret Lesher Theatre in the Lesher Center for the Arts:

Hank Williams: Lost Highway, Sept. 6 - Oct. 6. This award-winning musical story of the legendary singer-songwriter features live performances of his greatest hits.

Agatha Christie’s The Mousetrap, Oct. 18 - Nov. 17. This celebrated whodunit boasts a stellar cast of Bay Area actors, including Center REP Artistic Director Michael Butler.

Dickens’s A Christmas Carol, Dec. 6 - 16. Back for its 10th year, Center REP’s perennial holiday favorite will again be directed by Scott Denison, general manager of the Lesher Center for the Arts.

Nixon’s Nixon, Jan. 31 - March 1, 2008. Michael Butler directs this surreal comedy that depicts what might have happened during that legendary late-night meeting between Nixon and Kissinger the night before Nixon’s resignation.

Shakespeare’s A Midsummer Night’s Dream, March 27 - April 26, 2008. Butler again directs, this time giving a fresh treatment to the Bard’s immortal tale of magic and mischief.

Musical of Musicals (The Musical), May 15 - June 14, 2008. A hit in New York and London, this hilarious spoof is actually five musicals — each with the same plot but written and performed in the style of five different famous Broadway composers: Rogers and Hammerstein, Stephen Sondheim, Jerry Herman, Andrew Lloyd Webber, and Kander and Ebb.

Season subscriptions are available now from $128 to $377. For more information, to receive a free color brochure, or to reserve your place in the 07-08 season, call 925-943-7469 or visit the Ticket Office at 1601 Civic Drive or at Barnes and Noble, 1149 So. Main St.

City Council TV now on Comcast Ch. 28

Just a reminder to viewers of the City Council meetings on Comcast Cable that Walnut Creek’s community access channel has moved from Channel 6 to Channel 28.

The change took place March 21 as part of the City’s new franchise agreement with Comcast.

Astound Cable customers can still find the live and taped City Council meetings on Channel 29.

REMEMBERING WALNUT CREEK’S HERITAGE TREE LADY — Evalyn Bell, who was the moving force behind the preservation of heritage oak trees and the high standards of design and landscape development in Walnut Creek for over 40 years, died March 31 at the age of 96. Photographed in 1987 in front of the Heritage Oak she helped save at Scott’s Restaurant, Bell was a longtime president of the Walnut Creek Action for Beauty Council.
How to plan for — and survive — the next Big One

There was a whole lot of shakin’ goin’ on in Contra Costa County in March, and it served as a potent reminder to all of us that we need to prepare for the inevitable Big One that scientists have been predicting for several years.

A pair of 4.2 magnitude temblors shook the ground in central Contra Costa County on March 1 and 2, jolting residents out of a relatively complacent mood with regards to earthquake activity.

Those recent quakes couldn’t hold a candle to the Loma Prieta earthquake of Oct. 17, 1989 — a 7.1 shaker that killed 67 people, brought down a portion of the Bay Bridge and leveled a long section of the Cypress Freeway in Oakland.

These things can and do happen here and it’s never too late to get ready. That means not forgetting your pet (see article below) and getting basic training that could help you and your neighbors (see story at right).

For more information on emergency preparedness, go online to walnut-creek.org and click on “Emergency Preparedness” in the Quick Links menu.

Don’t be scared — be prepared with CERT training

Get ready to help yourself and your community in 2007 — sign up for Community Emergency Response Team (CERT) training.

The six-week course includes lessons on suppressing small fires, shutting off utilities, light search and rescue, disaster psychology, disaster First Aid, triage, and many other response techniques.

Upon graduation, people will be assigned to a CERT team. If a disaster strikes, CERT team members are encouraged to check on their own families and home first and then assemble at a pre-designated site to work together to respond to the needs of the neighborhood.

More than 400 people in Walnut Creek have taken the training since its inception in 2004.

CERT is a partnership of Walnut Creek’s Citizen Corps Council and the Contra Costa Fire Protection District.

CERT will be offered two more times in 2007, beginning July 24 and Sept. 19. All classes take place from 6 – 9:30 p.m. at the Fire District Training Center, 2945 Treat Boulevard, Concord.

To register, email Community Relations Manager Gayle Vassar at vassar@walnut-creek.org or call her at 943-5899 ext. 189.

For more information and the complete calendar, go online to walnut-creek.org and click on “Emergency Preparedness” in the Quick Links menu.

Don’t forget to prepare your pets ...

One of the sobering lessons of Hurricane Katrina is the critical need to plan for animals in an emergency. The City of Walnut Creek is partnering with Contra Costa County Animal Services to promote awareness among pet owners about how to keep pets from becoming disaster victims.

At the top of the list: Keep your pet’s license up to date. If you and your pet become separated following a disaster, the license information may prove vital to reuniting you with your animal.

Next, when making your family’s disaster kit, don’t forget about your pets! Use the Pet Emergency Preparedness supply checklist at right as a guideline, and fill a backpack or other easily transportable container with the essentials that your pet might need if stores were shut down or you and your companion animals needed to evacuate and stay in emergency shelters.

In addition, why not take a Pet First Aid and CPR class? Classes are offered twice a month through Contra Costa County Animal Services. Call 925-335-8340 for class dates and times.

Just as the City offers Community Emergency Response Team (CERT) training to teach residents to help themselves and their neighbors in the wake of disaster, Animal Services is in the process of developing a Pet Emergency Preparedness Team program. PEP Team members may help set up and operate temporary animal shelters or perform other pet-safety tasks in keeping with emergency operations plans.

Look for more about PEP in future issues of the Nutshell, or contact County Animal Services at 925-335-8340.

Crate/Carriers
Leash/Harness
Collar/ID tags
Collapsible water dish
Water
Food (7 day supply)
Can opener
Blanket
Booties to protect feet
Muzzle
Toys
Treats
Poop bags
Laminated photo of pet(s)
Calming medication
Litter pan/litter
Medical records
Vet contact information
Emergency phone numbers

Pet Emergency Checklist
Concerns over global warming and how humans may be inadvertently causing a catastrophic change in the Earth’s climate have prompted many cities to “go green” – meaning they have adopted any number of policies and procedures aimed at doing things in an environmentally-friendly way.

Terms such as “green building practices” and “sustainability” have been emerging in discussions at City Council meetings on matters ranging from off-leash dog areas to the new library. The community at large is acknowledging that there is a more environmentally-conscious way to live.

A “green building” uses various durable materials that integrate to save energy and resources, which translates into long-term energy cost savings.

The development community has expressed an interest in green building practices, and the City is focusing its own efforts on the new downtown library.

How green will the new library be?

The City’s latest “greening” project may just well be the biggest. When the City Council adopted the funding and construction plan for the new Walnut Creek Library on January 16, it approved funding to help the project meet Leadership in Energy and Environmental Design (LEED) requirements.

“Walnut Creek is positioned very nicely to embrace these practices,” said Sr. Planner Scott Harriman. “We have an opportunity to be a success story.”

City leaders are committed to making sure the new library meets a wide range of “green” standards, including the use of sunlight to warm and light the interior by using large windows and a roof tower, storm water management, an Energy Star-rated roof, energy efficient heating, cooling and lighting, and use of recycled materials. By using a variety of sustainable building strategies, the City can ensure that the new library is not just a place for gathering and learning, but also an example of how buildings should be more environmentally sound.

How else the City is being “green”

Walnut Creek, like so many other cities across the state, has adopted a variety of energy-saving programs to cut down on gas and electricity costs, improve air quality, and encourage the use of “green” materials in the construction of homes and commercial buildings.

Walnut Creek was one of the first cities to establish a commute alternative program for its employees aimed at reducing emissions and traffic. During the energy crisis of 2000, City staff members took a hard look at their practices, from turning off lights when leaving an office, to lowering the thermostat, to recycling used motor oil from City vehicles.

In 1989, Walnut Creek became one of the first cities in the East Bay to adopt a wide-ranging recycling program that included providing residents with separate bins for lawn clippings, newspapers, aluminum cans, and plastic bottles. The recycling revolution was so successful that in 2007 recycling programs are second nature for cities and citizens who have embraced the notion that reusable materials are a good thing, if only to extend the useful life of our landfills.

“The City of Walnut Creek, as a business, has been doing the right things for a long time,” said Harriman. “It all boils down to ‘best business practices’ — that is, operating your business so it is the most environmentally friendly. It’s thinking and doing things that don’t...

GREENING, see back page

Helpers needed for Creek Clean Up Day

For the 18th time, volunteers can help remove a year’s worth of debris from Walnut Creek’s three downtown creeks on Creek Clean Up Day scheduled Saturday, May 12.

Volunteers should sign up by 9:30 a.m. at Civic Park, corner of Civic Drive and North Broadway, where they can also pick up plastic trash bags. A free barbecue lunch for all participants will follow the activity.

This event is co-sponsored by the City and Friends of the Creek. For further information, contact Lesley Hunt at 925-937-6791.
On-street parking fee hike studied

As a first step toward achieving market rate on-street parking, the City Council in May will consider raising the hourly parking meter rates from 50 cents to $1 on the heaviest parking areas in the downtown.

The Downtown Business Association, the Chamber of Commerce, and Broadway Plaza have all expressed support for the meter increase in the Main Street/Locust Street/Broadway Plaza area.

If the rate increase is approved, the parking meters will be modified to use the new rates in July. The increased revenues will be used to provide more parking.

New commissioners sworn in

City Clerk Patrice Olds, left, gave the oath of office to Walnut Creek’s newest batch of City commissioners at the March 6 City Council meeting. Sworn in were (from left) Dave Powell, Planning; Laurie Kozisek, Transportation; Alan Moore, Planning; Suzanne Masella, Arts; Reggie Marshall, Arts; Paul Meyerhofer, Transportation; Matt Francois, Planning; and Kish Rajan, Transportation.

Low-cost home rehab loans available

If you need to bring your home up to code or make an improvement for safety or energy efficiency reasons, the City offers low-interest loans to qualified residents.

Under its Home Rehabilitation Loan Program, the City offers loans of up to $60,000 with 3 percent simple interest over 20 years, and payments aren’t due until the house is sold.

To qualify for a loan, a family of four must not earn more than $91,300 a year.

This year the City has issued four loans. Each year, the City makes available $320,000 for the program.

Emergency grants up to $10,000, which do not need to be repaid, are also available to low-income households for roof repairs, plumbing problems, and other emergencies. To qualify, a two-member household must not earn more than $53,000 a year.

For more information on the Home Rehabilitation Loan Program and emergency grant program, contact Pat Corum, 925-335-1137, or go online at walnut-creek.org and click on “Housing” under “Quick Links.”

Be alert to transfats

Transfats are PROVEN to harm your health. Choose foods with 0 grams of transfats on the nutrition facts label. THEN check the “Ingredient Statement” for hydrogenated oils, partially hydrogenated oils, and shortening.

These are TRANSFATS that may not be listed on the nutrition facts label if there is less than 0.5 grams/serving.

Every little bit hurts! Choose food without any transfats.

Got a wellness tip? Submit it to www.wellnesscitychallenge.com. If it is chosen and printed in the Nutshell you will win a fun and exciting prize.
**CopTalk**

By Officer Joe Donleavy

**Solicitors require permits**

You’re sitting down to dinner with the family when there’s an unexpected knock at the front door. You get up from the table, answer the door, and are greeted by a solicitor selling magazine subscriptions. Whether or not you’re actually interested in buying the magazines being solicited, you need to ask yourself: “Does this person have a permit to sell subscriptions door to door?”

The Walnut Creek Municipal Code regulates solicitors and itinerant merchants to protect residents against fraud and burglary, to minimize the unwelcome disturbance of citizens and the disruption of privacy, and to otherwise preserve the public health, safety and welfare.

Sec. 6-5.03(a) of the Municipal Code states: “It shall be unlawful for any person to engage in the business of commercial solicitor or itinerant merchant or to engage in the activities of a charitable solicitor in the City without first registering (with the City).”

Further, Sec. 6-5.03(b) states: “It shall be unlawful for any person to engage in the business or activities of a commercial solicitor or itinerant merchant unless such person or his or her employer has first obtained a (City) business license...”

There is a difference between commercial solicitors and charitable solicitors. A charitable solicitor is defined as a person who requests funds or other contributions or sells goods or services from door to door or from a temporary location for charitable or other bona fide non-commercial purposes. Charitable solicitors are not required to have a permit. However, persons soliciting for a commercial enterprise are required to have their own permit, separate from the company’s business license.

So remember, if you are uncomfortable about the solicitation, ask to see the solicitors permit and if they refuse or do not have one you can call the police to come contact the solicitor.

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**Major crime declines**

Major crimes dropped significantly in 2006 as the Police Department saw a decrease in homicides, rapes, assaults, burglaries, and thefts.

A summary of criminal offenses in 2006 compiled by the Police Department shows that there were no homicides among the 32,058 calls to the police for service (9,728 of the calls required follow-up).

In 2006, the department also investigated 855 non-injury auto accidents and 255 injury auto accidents, which included three fatalities.

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**A Look Back:**

**A century of banking in WC**

Seven years into the new 20th century, the little town of Walnut Creek saw the creation of its first banking institution, launching the growing community into a new world of high finance.

Joseph Silveira, owner of the Valley Mercantile on Main Street, had offered banking services to townsfolk out of his store. He soon recognized that Walnut Creek’s 450 residents needed a local bank to hold their savings and provide loans.

Silveira and a group of business associates formed the San Ramon Valley Bank on June 28, 1907, with $25,000 in capital.

The bank was originally housed in an 18-by-25-foot building on Duncan street midway between Main Street and the creek. The following year, Silveira built a modern bank at the southeast corner of Main and Duncan (see photo). Silveira eventually took over Robert Noble Burgess’s First National Bank of Walnut Creek in a 1925 merger. In 1927, San Ramon Valley Bank sold out to Liberty Bank, which in turn became the Bank of Italy (eventually renamed Bank of America in 1929).

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**Time to Bike to Work on May 17**

California’s annual Bike to Work Day event is on Thursday, May 17. Please consider joining thousands of others in the Bay Area by cycling to work that day and enjoy the health benefits, reduced air pollution, and no waiting in traffic.

Start planning now by getting you and your bike in shape. There are citywide bike maps available at City Hall or check out your local bike shop for some advice. Walnut Creek has outstanding paved trails which can help guide you around the area, and many of these trails will have hosted energizer stations that day for your convenience.

Walnut Creek will be hosting an energizer station manned by members of the Bicycle Advisory Committee at the Walnut Creek BART station. Please stop by and get refreshed and tell us about your cycling commute.

Additional information on Bike to Work Day events and prizes can be found at http://bicycling.511.org/. We look forward to seeing you on a bike May 17th.

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**CRIMINAL OFFENSES**

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To inaugurate its fifth season, the City’s award-winning Movies Under the Stars series at Heather Farm Park will feature Emma Thompson in *Nanny McPhee* on Saturday, May 19.

It will be shown on the front ballfield at the Park at Ygnacio Valley Road and North San Carlos Drive. The movie will be shown at dusk (approximately 8:30 p.m.).

Admission is always free at Movies Under the Stars. Come at least one hour early to reserve a lawn spot.

Popcorn and beverages will be available for purchase. Low lawn chairs will be allowed in designated areas only. No pets please.

The premier sponsor for this first show of the 2007 season is Walnut Creek Honda.

The City is seeking individuals to help plan future Movies Under the Stars events. The committee meets monthly at 4 p.m. at Heather Farm Community Center. For further information about the Committee, contact Senior Recreation Supervisor Todd Trimble at 925-943-5899, ext. 420.

Future showings will include: *Over the Hedge* (July 21), *Willy Wonka and the Chocolate Factory* (August 18), and *Charlotte’s Web* (September 8).

This year’s special Teen Night will feature *Raiders of the Lost Ark* on September 7.

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### Greening

From page 5

"Pollute and conserve natural resources and can be sustained for decades to come."

Several City departments and facilities have been recognized by the Association of Bay Area Governments (ABAG) for their environmentally-friendly practices. The City of Walnut Creek has received certification as a “green business” in five areas: Parks, Vehicle Maintenance, Reprographics, Lesher Center for the Arts and City Hall. To become a certified green business, the operation must demonstrate how it conserves energy and water, recycles and reduces waste.