

COVID19: Partner & Resource Update

MARCH 31, 2020

Senior Nutrition Program

Due to the high demand in senior meals the caterer of these meals has needed to stagger the delivery schedule. Prior to the COVID 19 shelter in place the Senior Nutrition Program was serving 2,200 meals per day; today they served 3,400. We expect the demand to increase and we are fortunate that we can accommodate these increases. However, **starting April 6th** all meals- both congregate pick-up and home delivered meals will be provided as 7 day packs of frozen meals. This is to enforce social distancing between meal recipients and volunteer drivers to prevent infection.

In addition to the frozen meals dropped off during the week of April 6th an additional emergency pack consisting of six (6) shelf stable meals (requiring no refrigeration) will be distributed to every meal recipient. Which means, each meal recipient will receive a total 13 meals. The emergency packs are a one- time only distribution to ensure that folks have a back –up meal if needed.

Meal Pick-up Schedule by site:

Monday	Tuesday	Wednesday	Thursday
Bay Point	Brentwood	Crockett	Concord
Martinez	Hercules	El Cerrito	
Pleasant Hill*	North Richmond	Walnut Creek	
	Pittsburg		
	Richmond Civic		
	Rodeo		
	San Pablo		
	San Ramon		

* One-time only on 3/31. Will change to WEDNESDAY delivery on 4/8.

Senior Nutrition Program- New Number (925)313-6310

PLEASE call the CC Café Locations directly to preorder the meals for pick-up at the senior centers. See attached Senior Center Locations. If folks have not registered for the congregate nutrition program in the past they can fill out a NAPIS form at the senior center in their area.

Café Manager have been asked to identify those most in need who need meals delivered in lieu of their café meals.

Contra Costa Ombudsman Program

Intake will be working from home, they will not be going into any facilities, every facility will be asked a set of questions including- what are the discharge plans this week? Enough supplies? Hospice? Calls will be collected and returned every 30 minutes- complaints and all matters of business.

Meals on Wheels Diablo Region (MOWDR)-(925)937-8311

Please note MOWDR provides Home delivered meals to Central and East County and operates CC Cafés in Walnut Creek, Rodeo, Crockett, Concord, Pittsburg, and Bay Point. They will be distributing the frozen meals and emergency packs beginning on April 6th.

In conjunction with the City of Concord and White Pony Express, MOWDR is distributing meals to older adults who are residents of Concord.

The Telephone Reassurance Program is able to take on additional referrals to ease social isolation.

Care Management is still able to provide service over the phone. They are available to help seniors talk through this crisis and to help connect them with services.

Mobility Matters- Riders and Drivers can't social distance so there are no rides right now. They are providing reassurance calls and are doing phone intakes. They are currently working out the details of providing chore services to assist with grocery pick-up.

Contra Costa Legal Services- providing urgent legal services remotely, the office is closed to the public. Calls are screened and returned daily.

Alzheimer's Association

24/7 Phone counseling is still operational; in person support groups/trainings cancelled for March and will be done via phone or other methods in April.

Jewish Family and Community Services

Offices are closed, services are provided by phone.

Choice in Aging ADHC

Continues to be open, however, there has been a drop in client participation.

I&A- Considered an essential service will be working remotely. Calls are down with a decrease in IHSS requests.

HICAP- will offer services by telephone only; all public information and classes cancelled.

ADDITIONAL FOOD RESOURCES

For a centralized list of food resources, please visit: www.foodbankccs.org/frdcc

There is a new food distribution program in coordination with the Catholic churches in Concord, the Food Bank of Contra Costa and Solano, and the City of Concord.

Recipients will receive a box of food that includes canned and dry goods that can feed a family of four. This is a drive-up service to limit exposure to COVID-19 for volunteers and recipients. Volunteers will put the box of food in your trunk.

If you are in need of food, please visit one of the churches in Concord below:

Wednesday, April 1

9:00 – 11:00 AM

St. Agnes Church

3886 Chestnut Avenue

Thursday, April 2

9:00 AM – Noon

St. Francis Church

860 Oak Grove Road

There are 250 boxes of food to be distributed at each church and it is first come first served.

Given the demands on the Food Bank during these unprecedented times, they cannot commit today to delivering meals weekly. **This is a one-time distribution.**

COVID -19 OFFICIAL RESOURCE GUIDE – Web Links

CalOES has posted new guidance documents for schools, event organizers, first responders, and other groups here: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Guidance.aspx>

Contra Costa Health Services – Public Health Division Documents

For Providers: <https://cchealth.org/coronavirus/#Providers>