

CERT Backpack List - Walnut Creek CERT

Individuals are responsible for own food and special-size gloves.

1. Helmet: 1**
2. Reflective CERT Safety Vest: 1**
3. Field Operations Guide (FOG): 1**

-----Items below this line are to be provided by the individual

4. CERT backpack: 1
5. Safety glasses / goggles: 1
6. WC CERT Triage Tags: 5
7. N95 dust masks: 3
8. Work gloves: 1 pr.
9. Whistle: 1
10. Nitrile gloves stuffed in baggie: 1 baggie
11. Headlamp (preferably attached to helmet): 1
12. Light stick: 2 recommended, optional
13. Lumber Crayon: 1
14. FRS radio: 1 recommended, optional
15. Bottles of water: 2; 1 for drinking and 1 for irrigating wounds
16. Food bars: 2
17. Walnut Creek Map
18. Clipboard
19. Pen: 5
20. Sunscreen: 1 recommended, optional
21. As needed: Reading glasses
22. Ham Radio (Optional)
23. Personal START Medical Kit (Optional)
24. Knee guards (Optional)
25. Wrench for gas meters (Optional - can be heavy)
26. This list, printed and checked*

Next to pack, add Hiking, work boots or sturdy shoes

* Supplied in Walnut Creek CERT Basic training notebook

** Supplied by Walnut Creek CERT