

# WALNUT CREEK CERT TRAINING SCHEDULE - SPRING 2019

version 2019-03-25 .

**You must attend ALL CLASSES & the DRILL to complete your CERT Training and become a member of CERT!**

There is a \$25 program fee, payable at the first class; cash or check made out to "City of Walnut Creek" **TO REGISTER: <walnut-creek.org/c**

Space is limited to persons who live or work in Walnut Creek (incorporated or unincorporated); however, anyone needing to make up a class is welcome.

**Class location: Walnut Creek City Hall, 3rd floor conference room - 1666 North Main Street, Walnut Creek CA 94596**

**Drill location: Mormon Church at 100 Northgate Rd, Walnut Creek, CA 94598** (tentative location)

Unit	TIME/DATE	TOPICS <b>### class order is subject to change ###</b>
1	6:15PM - 9:30PM, Friday, April 12, 2019.	<b>Introduction and All-Hazard Disaster Preparedness</b> Overview of CERT program. Learn how to prepare for any disaster and what safety actions to take during the disaster. Included is how CERT works in Walnut Creek and the initial registration of students as volunteer Disaster Service Workers (DSWs). Also, the emotional impact of disaster response. <b>Unit 0: Introduction, Unit 1: Personal Preparedness, and Unit 7: Disaster Psychology</b>
2	9:00AM - 6:00PM, Saturday, April 13, 2019. (with 1 hour for lunch)	<b>Fire Safety &amp; Utility Control plus Walnut Creek CERT Communications Protocols</b> Learn about different categories of fire and how to use a fire extinguisher. Also included is how to shut off gas and electricity, and identify a Hazardous Materials Spill or Leak and respond safely. <b>Unit 2: Fire Safety &amp; Utility Control PLUS Radio Training and Communications</b> Hands-On fire extinguisher training will be done at graduation drill
3	<i>Hands-On Exercises – Please dress appropriately for activity on the floor. Yoga Mat or Blanket will be provided for class.</i>	<b>Disaster Medical Operations, Part 1</b> Principles of triage and how to conduct triage evaluations. How to recognize and treat an airway obstruction, bleeding and shock. Public Health considerations. Setting up a Disaster Medical Treatment Area. Patient evaluation (head-to-toe assessment). <b>Unit 3: Medical Operations</b>
4		<b>Disaster Medical Operations, Part 2</b> Public Health considerations. Setting up a Disaster Medical Treatment Area. Patient evaluation (head-to-toe assessment); and basic treatment of burns, how to clean and bandage wounds, treat hypothermia; and control nasal bleeding. Treat fractures, dislocations, sprains and strains; apply splints to hands, arms and legs. <b>Unit 4: Medical Operations</b>
5	9:00AM - 6:00PM, Saturday, April 27, 2019. (with 1 hour for lunch)	<b>Light Search and Rescue &amp; Practical Exercise</b> How to look for damage in different types of construction, how to classify damaged buildings; building marking system; how to safely conduct interior searching; how to lift victims and use extrication devices for victims. <b>Unit 5: Light Search and Rescue</b>
6	<i>Hands-On Exercises – Please dress appropriately for activity on the floor. Yoga Mat or Blanket will be provided for class.</i>	<b>CERT Team Organization &amp; the Incident Command System (ICS) &amp; Disaster Psychology</b> Using the Incident Command System to manage a disaster; how CERT works in Walnut Creek. And CERTs' limited role in terrorism awareness - don't spread rumors! Plus how to take along pets when victims are transported to CERT Command Post Med Ops area. <b>Unit 6: ICS &amp; CERT, Unit 8: Terrorism Awareness, PLUS: Animal Response</b>
7		<b>Comprehensive Review with Skill Stations</b> Hands-on Review of Elements from All Classes to refresh skills for full functional exercise at Graduation Drill!
<b>DRILL</b>	7:30AM - 2PM, Saturday May 11, 2019	<b>Graduation Drill!</b> Mormon Church at 100 Northgate Rd, Walnut Creek, CA 94598  This is a full functional exercise coordinated by the Northgate Area CERT Team.