Be prepared at work

You may be at work when an earthquake or other emergency occurs. Keeping these items in a backpack at your desk will ensure you are prepared for the hectic hours ahead. They are also useful during non-emergency situations! (NOTE: Some of these items should be kept in a locked drawer or other secure location)

**Checklist for Suggested Emergency Supplies to Keep at Work**

- Antibacterial wipes
- Battery radio and batteries
- City maps
- Dollars & quarters ($100 total, in $0.25, $1 and $5 increments)
- Dust mask (N95)
- Ear plugs
- Eyeglasses/reading glasses
- First Aid book
- First Aid kit
- Flashlight (hand-cranked or solar if possible)
- Headlamp with batteries
- Goggles
- Heat pak/cold pak
- Household keys & car keys, extra set
- Insurance information, copy of driver’s license
- Leatherman/multi-use tool
- Light sticks
- Lip balm
- Matches, waterproof
- Medical gloves
- Paper towels or old towels
- Phone numbers of family members
- Plastic bags
- Prescription meds (2-day supply)
- Rain poncho
- Snacks
- Space blanket
- Sturdy shoes
- Sunscreen
- Sweatshirt or other warm clothing
- Toilet paper
- Tool kit (screwdriver, pliers, hammer, crescent wrench, small pry bar)
- Toothpaste and toothbrushes
- Umbrella
- Upset stomach medication
- Water
- Whistle
- Work gloves, leather

Visit us at [www.walnut-creek.org/CERT](http://www.walnut-creek.org/CERT)

Follow us on Facebook! [facebook.com/walnutcreekcert](http://facebook.com/walnutcreekcert)