

# WALNUT CREEK CERT TRAINING SCHEDULE - FALL 2018

version 2018-03-06 .

**You must attend ALL CLASSES & the DRILL to complete your CERT Training and become a member of CERT!**

There is a \$25 program fee, payable at the first class. TO REGISTER: <[www.walnut-creek.org/cert](http://www.walnut-creek.org/cert)>

Space is limited to persons who live or work in Walnut Creek (incorporated or unincorporated); however, anyone needing to make up a class is welcome.

**Location: Contra Costa County Fire District Training Center, 2945 Treat Blvd, Concord, CA 94518** (across from Trader Joe's)

Unit	TIME/DATE	TOPICS <b>### TENTATIVE class order ###</b>
1	6:15PM - 9:30PM, Friday, October 12, 2018.	<b>Introduction and All-Hazard Disaster Preparedness</b> Overview of CERT program. Learn how to prepare for any disaster and what safety actions to take during the disaster. Included is how CERT works in Walnut Creek and the initial registration of students as volunteer Disaster Service Workers (DSWs). Also, the emotional impact of disaster response. <b>Unit 0: Introduction, Unit 1: Personal Preparedness, Unit 7: Disaster Psychology</b>
2	9:00AM - 6:00PM, Saturday, October 13, 2018.	<b>Fire Safety &amp; Utility Control plus Walnut Creek CERT Communications Protocols</b> Learn about different categories of fire and how to use a fire extinguisher. Also included is how to shut off gas and electricity, and also to identify a Hazardous Materials Spill or Leak and respond safely. <b>Unit 2: Fire Safety &amp; Utility Control PLUS Radio Training and Communications - indoor lectures and outdoor exercises.</b> Hands-On Exercises – Please dress appropriately for outdoor activity.
3		<b>Disaster Medical Operations, Part 1</b> Principles of triage and how to conduct triage evaluations. How to recognize and treat an airway obstruction, bleeding and shock. Public Health considerations. Setting up a Disaster Medical Treatment Area. Patient evaluation (head-to-toe assessment); <b>Unit 3: Medical Operations</b> Hands-On Exercises – Please dress appropriately for activity on the floor. Yoga Mat or Blanket will be provided for class.
4		<b>Disaster Medical Operations, Part 2</b> Public Health considerations. Setting up a Disaster Medical Treatment Area. Patient evaluation (head-to-toe assessment); and basic treatment of burns, how to clean and bandage wounds, treat hypothermia; and control nasal bleeding. Treat fractures, dislocations, sprains and strains; apply splints to hands, arms and legs. <b>Unit 4: Medical Operations</b> Hands-On Exercises – Please dress appropriately for activity on the floor. Yoga Mat or Blanket will be provided for class.
5	9:00AM - 6:00PM, Saturday, October 20, 2018.	<b>Light Search and Rescue &amp; Practical Exercise</b> How to look for damage in different types of construction, how to classify damaged buildings; building marking system; how to safely conduct interior searching; how to lift victims and use extrication devices for victims. <b>Unit 5: Light Search and Rescue</b> Hands-On Exercises – Please dress appropriately for activity on the floor. Yoga Mat or Blanket will be provided for class.
6		<b>CERT Team Organization &amp; the Incident Command System &amp; Animal Response</b> Using the Incident Command System to manage a disaster; how CERT works in Walnut Creek. Also CERTs' limited role in terrorism awareness - don't spread rumors! Plus how to take along pets when victims are transported to CERT Command Post Med Ops area. <b>Unit 6: ICS &amp; CERT, Unit 8: Terrorism Awareness, PLUS: Animal Response</b>
7		<b>Comprehensive Review with Skill Stations</b> Hands-on Review of Elements from All Classes to Prep for FULL FUNCTIONAL EXERCISE at Graduation Drill!
<b>DRILL</b>	7:30AM - 2PM, Saturday October 27, 2018	<b>Final Class Drill!</b> at Contra Costa County Fire District Training Center, 2945 Treat Blvd, Concord, CA 94518  This is a full functional exercise coordinated by the Northgate Area CERT Team.