Walnut Creek Intermediate
After-School Sports Timeline
2011-2012

Sports Office: **located next to the multi- use room**
Open: 2:00 - 6:00 Monday –Thursday, Friday 2:00-4:00.

Mark Callaway– After School Sports Coordinator
925-943-5899 ext 2661 (Office)
wcisports@walnutcreekrec.org
Web-site; www.walnutcreekrec.org, middle school sports tab

Sports Information: See website above or on bulletin boards in the WCI gymnasium entrance and outside the after school sports office. The website and boards contain information regarding upcoming sports, current sports schedules, as well as any updates and changes.

All practices and **Intramural Program Sports** *see last page* are held at WCI between the hours of 3:00 and 6:00 Monday through Thursday. Practices times are scheduled depending on the gym and coach's availability. Golf and Tennis programs are offsite. Parent carpools are the only source of transportation to away games.

All Competitive Program games *see last page* are scheduled with local schools and played at WCI and other Diablo Valley area schools, Monday through Thursday. Parent carpools are the only source of transportation to away games. Tournaments for some sports are held at the end of the season.

Registration: A **completed** registration form AND payment must be turned in by the end of each sports **registration period** or your child will be **unable to participate or try out when necessary.**

All information is available on our website at:
http://www.walnutcreekrec.org Click on the Middle School Sports link!

All dates and times are subject to change.
Please see web-site sports board for changes and updates.

FALL / WINTER - WCI

GIRLS VOLLEYBALL

6th, 7th & 8th GRADE* - Intramurals *see last page

Season: September through October
Sign-ups are August 23rd – September 8th
No try-outs required. Limited to the first 60 to turn in COMPLETE registration forms & payment
Commitment: 3 days per week
Description: The program will run for 6 weeks. The students are introduced to the basic fundamentals of the game as well as advancement of current skills and abilities. Various games will be played amongst WCI and Foothill.
Fee: **$200** (includes team shirt)

7th & 8th Grade* – Competitive *see last page

Season: September through October.
Sign-ups are August 23rd – August 30th
Tryouts are August 31st – September 1st; both days required
Commitment: 4 days per week
Description: Focus is put into improving individual skills as well as team play and effort. Advanced play and techniques will be taught in preparation at a competitive level.
Fee: **$307** **(includes $40.00 refundable uniform deposit)**

CO-ED FLAG FOOTBALL

6th 7th and 8th Grade Boys and Girls Co-ed

Season: September through November
Sign-ups are August 30th – September 8th
No Try-outs required. First Practice September 12th
Commitment: 3 - 4 days per week
Description: Teams learn essentials of success in team flag football. Games are after school against area competition.
Fee: **$282** **(includes $40.00 refundable uniform deposit)**

CO-ED SOCCER

6th 7th and 8th Grade Boys and Girls Co-ed Varsity

Season: October through December
Sign-ups are October 4th – 28th
Try-outs required (if necessary); November 1st
Commitment: 3 - 4 days per week
Description: Players are taught the essential skills of team play, individual improvement and fundamentals of the game.
Fee: **$282** (includes $40.00 refundable uniform deposit)

WINTER / SPRING - WCI

GIRLS BASKETBALL

6th, 7th & 8th GRADE - Intramurals *see last page*

Season: November through December
Sign ups are October 11th – 31st
No try-outs required
Commitment: 3 days per week
Description: The program will run for 6 weeks. The students are introduced to the basic fundamentals of the game as well as advancement of current skills and abilities. Various games will be played amongst WCI and Foothill.
Fee: **$200** (includes team shirt)

7th & 8th Grade – Competitive *see last page*

Season: November through February
Sign-ups are October 11th – 28th
Tryouts are November 1st, 2nd; both days are required
Commitment: 4 days per week
Description: Focus is put into improving individual skills as well as team play and effort. Advanced play and techniques will be taught in preparation for competitive play.
Fee: **$327** **(includes $60.00 refundable uniform deposit)**

BOYS BASKETBALL

6th, 7th & 8th GRADE - Intramurals *see last page*

Season: January through March
Sign-ups are December 5th – January 13th
No try-outs required
Commitment: 3 days per week
Description: The program will run for 6 weeks. The students are introduced to the basic fundamentals of the game as well as advancement of current skills and abilities. Various games will be played amongst WCI and Foothill.
Fee: $200 **(includes team shirt)**

7th & 8th Grade – Competitive *see last page*

Season: January through March
Sign-ups are December 5th – 16th
Tryouts are January 3rd, 4th, and 5th; all days required
Commitment: 4 days per week
Description: Focus is put into improving individual skills as well as team play and effort. Advanced play and techniques will be taught in preparation for competitive play.
Fee: $327 **(includes $60.00 refundable uniform deposit)**

SPRING - WCI

COED GOLF

6th 7th and 8th Grade Boys and Girls

Season: March through May
Try-outs are March 5th and 7th
Sign-ups are February 21st – March 2nd
Commitment: 2 to 3 days per week.
Description: This is a competitive program and is not structured for the beginner. **Experience playing on a golf course is required**. All practices held at Boundary Oak. All Matches are played against local schools in the area.
Fee: $292 **(includes team shirt)**

BOYS VOLLEYBALL

6th, 7th & 8th GRADE - Intramurals *see last page*

Season: March through May
Sign-ups are February 28th – March 16th
No try-outs required
Commitment: 3 to 4 days per week.
Description: This is an in-house program offering a unique opportunity for boys to learn the fundamentals of this sport.
Fee: $200 **(includes team shirt)**

COED TENNIS

Open to 6th 7th and 8th Grade Boys and Girls

Season: April through June
No Try-outs are required
Sign-ups are March 27th – April 20th
Limited to the first 18 to turn in COMPLETE registration forms & payment
Commitment: 2 days per week. (Tuesday and Thursday)
Description: Beginning through Advanced levels.
All Lessons taught by the Tennis Pros of Lifetime Tennis at the Heather Farm Tennis Center
Fee: $230 **(includes team shirt)**

GIRLS VOLLEYBALL PART II

6th, 7th & 8th GRADE - Intramurals *see last page*

Season: April through May
Sign-ups are March 20th – April 16th
No try-outs required. ***Limited to the first 60 to turn in COMPLETE registration forms & payment***
Commitment: 3 days per week
Description: The program will run for 6 weeks. The students are introduced to the basic fundamentals of the game as well as advancement of current skills and abilities. Various games will be played amongst WCI and Foothill.
Fee: $200 **(includes team shirt)**

INTRAMURAL AND COMPETITIVE PROGRAMS

We are continuing the “Intramural” and “Competitive” programs in our sports curriculum for Girls Volleyball & Basketball, and Boys Basketball.

The **Intramural Program**, open to 6th, 7th, and 8th graders, no tryouts. Anyone wishing to play the sport, without the worries and rigors of a tryout, can sign up, learn, and have fun! Three (3) days a week for Six (6) weeks, various drills will be taught and focus will be put on improving one’s personal skills in the sport as well as teamwork and sportsmanship. Intramural games will be played within the WCI teams and with Foothill Middle School. Parent carpools are the only source of transportation to away games.

The **Competitive Team Program,** open to 7th and 8th graders, is the equivalent of “A” teams or “Varsity” teams of the past. Only one (1) team for each grade, there will be no “B” teams. There will be a tryout for this team in which Twelve (12) students will be picked. Practices will be structured in preparation for the competitive level. Traveling and Home games will be played. Playing time in the games will be relative to current skills level, the amount of games, effort in and out of practice, attendance, sportsmanship, and respect to coaches, other players, gymnasium staff, and supervisors. Parent carpools are the only source of transportation to away games.